SB 52 Suicide Intervention Plan Guidance

Procedures relating to suicide prevention, intervention and activities that reduce risk and promote healing after a suicide;

- *A plan required under this rule must include: (a) All requirements set out in 2019 OL Ch. 172, Section 1 (Enrolled SB 52);*

Identification of the school officials responsible for the policy and for responding to reports of suicidal risk;

- A multi-disciplinary team developed the Suicide Intervention and Prevention Plan and continues to update as needed.
- The School Counselor(s) at each school is ASSIST (or will get ASSIST training within the first year of hire.) Additionally, the School Psychologist and Asst. Student Services Director are ASSIST and QPR trained.
- Banks School District Site including Suicide Intervention Manual, Procedures, and Forms

A procedure by which a person may request a school district to review the actions of a school in responding to suicidal risk;

- Within confidentiality and HIPAA regulations, a person may request the review of actions in responding to suicidal risk by contacting the School Principal or Student Services Director.

Methods to address the needs of high-risk groups, including:

- *Youth bereaved by suicide;*
    - Post-Intervention services: In the event of a youth suicide (or other death) in the Banks School District, the Washington County School Flight team will be called to the district. This team of trained professionals will offer immediate counseling and mental health support to students bereaved by suicide. As part of the flight team protocol, students at higher risk of suicidal ideation or attempts will be identified and screened, and parents will be contacted following the Suicide Intervention Processes. If a student is bereaved by a suicide outside the school or district, the School Counselor will initiate conversation with that student to screen for risk factors and mental health concerns.

- *Youth with disabilities, mental illness or substance use disorders;*
- *Youth experiencing homelessness or out-of-home settings, such as foster care;*
- *Lesbian, gay, bisexual, transgender, queer and other minority gender identities and sexual orientations;*
    - Banks School District will work with Youthline Classroom Outreach to provide no-cost classroom lessons in grades 6-12 on stress management, mental health, and suicide awareness. Students in grades K-5 will use the Second Step and other SEL curriculum to address and understand the importance of Mental Health.
    - School Counselors and School Psychologists are aware of the potential additional needs of students in high risk groups. Counselors will work with high risk student groups, both in and out of the classroom, to identify students needing additional support and to offer that support or refer students to resources including community or private counseling services
    - LGBTQ+ support groups/clubs have been established at both BMS and BHS.

A statement about how the policy will be made known to employees of the school district and the community of the school district, which must include making the policy

- *Annually available to parents, guardians, school employees and students in the student and employee handbooks;*
- *Readily available to parents, guardians, school employees, volunteers, students*
    - The District Suicide Prevention Plan, Policy, and Procedures is reviewed with teachers and staff annually though staff meetings at each building. It is also available on the district site for teacher/staff review at any time.
    - <u>A section/statement referencing the Banks School District Suicide Plan, Policy, and Procedure should be added to the 2020-21 staff and student handbooks.</u>
        - Sample Statement “Suicide is one of the leading causes of death for adolescents and young adults. In the Banks School District and Washington County, we believe that all suicides are preventable. Schools and school staff find themselves in the unique position of interacting with young people, and are instrumental in identifying youth who may be at risk of attempting and/or completing suicide. Our manual outlines our district procedures of intervening when a student expresses suicidal thoughts, ideation or intent. The risk of suicide is raised when any peer, teacher, or other school employee identifies someone as potentially suicidal because s/he has directly or indirectly expressed suicidal thought (ideation) or demonstrated other clues or warning signs. It is critical that any school employee who has knowledge of a suicide threat report this information immediately and directly to a Trained Preventionist and School

Administrator so that the student of concern receives appropriate attention. The student should be interviewed the same day that concerns are reported.
    - Students expressing suicidal thought or ideation will speak to a trained preventionist at the school site at soon as possible after the initial disclosure/concern for screening and protective action planning.
    - NO STUDENT EXPRESSING SUICIDAL THOUGHTS WILL BE SENT HOME ALONE WITHOUT FIRST MAKING PRINCIPAL AND PREVENTIONIST AWARE.
    - Beginning in 2020, the district will partner with Youthline for suicide prevention lessons in grades 6-12.

A description of, and materials for, any training to be provided to school employees on suicide awareness and prevention, including:

- *Materials approved by the school district for training, which must include how to identify appropriate mental health services, both at the school site and within the community, and when and how to refer youth and their families to those services; and*
- *A description of training components, which must include programs that can be completed through self-review of suitable suicide prevention materials; and*
- *Any other requirement prescribed by the State Board of Education by rule, based on consultations with state and national suicide prevention organizations, suicide experts and school-based mental health providers and based on reviews of national models.*

    - All Banks School District Staff will complete a Suicide Prevention and Awareness virtual training at the start of each school year provided through the PublicSchoolWorks.com training system. Staff will also have free access to QPR training at in-service week breakout sessions (when offered.) Staff and community members may also take part in free suicide prevention training offered through Washington County, including QPR, Youth Mental Health First Aid, and ASSIST available at www.gettrainedtohelp.com

- *The policy required under this section must be written to ensure that a school employee acts only within the authorization and scope of the employee's credentials or licenses. Nothing in this section shall be construed as authorizing or encouraging a school employee to diagnose or treat mental illness unless the employee is specifically licensed and employed to do so. A school district that does not comply with the requirements of this section is considered to be nonstandard under ORS 327.103.*

    - School Counselor, School Psychologists, and other trained interventionists will only work with students, in conjunction with their parents/guardians, within the authorization and scope of the employee's credentials or licenses. Any issues

outside their purview will be properly referred to outside professional organizations.

- **Procedures for sharing information between a hospital and school district regarding a student who has been seen in a hospital for a behavioral health crises where a valid release of information has been voluntarily signed by the student or the student's parent or guardian. The procedures should be developed in consultation with hospitals serving the geographic location of the school district; Procedures for reentry into the school environment following a hospitalization;**
    - When the school becomes aware that a student has been hospitalized and is returning to school, the parent will be asked to sign a HIPAA compliant exchange of information form allowing the school and the hospital to communicate about the students' needs upon reentry to school setting. The school will work with the student, family, and medical team to plan for return to school support. (See School Support Plan in the Intervention Manual)