

<h2 style="margin: 0;">Banks School District 13</h2>
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Code: **IGD-AR**

Revised: 8/17/98; 7/10/00

4/11/11; 9/18/17

Orig. Code(s): IGD-AR

Cocurricular and Extracurricular Activities

- The following programs have been approved by the Board and are OSAA governed:

Volleyball	Basketball
Softball	Track
Football	Wrestling
Baseball	Track and Field
Band	Dance/Drill
Choir	Speech
Soccer	Cross Country

- Clubs and organizations may be sponsored by Banks High School and generally are included in the guidelines outlined by this document unless specified by national or state charter. The following groups and any new groups all must be chartered through the Banks High School ASB in order to be functional. Examples of these groups are:

FBLA FFA National Honor Society Leadership Drama Equestrian

Procedures for Activities

A. Eligibility

These eligibility requirements pertain to all students involved in any approved activity sponsored by Banks High School.

- Students who have an IEP or who qualify for Title I must pass a minimum of five classes and be making progress toward graduation.
- Attendance:** All students are expected to be in full attendance in their scheduled classes on the day of an event in order to participate. The only exceptions to this rule shall be:
 - A family emergency requiring the student's presence elsewhere; the parent or guardian will need to call and excuse the student;
 - A student must be in attendance for at least half their scheduled classes that day in order to participate in practice or an event/game. The part of the day that is missed **MUST BE EXCUSED** by the parent or guardian. **NOTE:** Administrative approval of variances to the above will be reviewed and decided upon on a case-by-case basis.
 - AT NO TIME WILL AN ATHLETE THAT HAS BEEN HOME SICK THE ENTIRE DAY BE ALLOWED TO PARTICIPATE IN PRACTICE OR BE AT A PRACTICE OR AN EVENT/GAME.** (this is a health concern for the ill student athlete and the other team members)

3. **Incompletes:** OSAA and Banks High School demand that all incompletes be made up 10 days after the end of a grading period.
4. **Practice Attendance:** An ineligible student must attend all practices and follow all rules of the activity during the entire period of ineligibility in order to resume participation in that activity when eligibility is restored.
5. **Changing Participation:** After the first week of practice no athlete will change sports without the approval of the coaches concerned. Before going out for any sport, a student who has previously begun then quit another sport must meet with both coaches concerned. Neither coach will unreasonably withhold approval.

B. Physical Examinations

1. Students must have a physical examination performed by a physician licensed by the Oregon Board of Medical Examiners prior to practice/competition in designated activities every other year beginning in grade seven.* The examination should be performed no earlier than May 1 of the preceding school year.

*Designated activities requiring physicals include:

All athletics Dance/Drill

2. Annual physical examinations are required in the following situations:
 - a. When the student has been given a diagnosis of a significant disease, illness, or has undergone surgery between examinations;
 - b. When the student has an ongoing significant disease, chronic illness or injury;
 - c. When the student has been barred from participation in any sport for medical reasons during the past year and has not subsequently been cleared by a physician;
 - d. When the student is participating in football/wrestling.

C. Conditioning and Training

A participant shall have an appropriate period of training and/or physical conditioning prior to engaging in a contest or performance. This period of time shall be determined by responsible personnel and will depend on the physical condition of the participant and the type of competition.

D. Insurance

All students participating in an athletic program will be covered by athletic accident insurance or signed waivers that the students are covered by family medical coverage.

E. Parent's Consent

All students must have written parental consent to participate in OSAA-approved activities at Banks High School.

F. Medical Protocol

A medical protocol pertaining to each sport contest at the ninth grade level and above shall be in effect. This protocol shall include:

1. A designated person shall be in attendance. This person shall have a first aid card and be charged with implementing the protocol. The contest official shall be made aware of this person's identity;
2. The basic emergency first aid equipment will be available and includes:
 - a. A stretcher and blanket (Home events);
 - b. A first aid kit with material to stop bleeding, and to maintain a proper airway.
3. The designated person in attendance will be aware of the following information:
 - a. The location of the nearest telephone;
 - b. The location of the nearest medical facility;
 - c. Provision for inspecting the playing surface and immediate surrounding area;
 - d. The location of medical information about the participants (Coaches must be aware of pertinent medical information concerning individual athletes);
 - e. Provisions for notifying the parent or guardian of an injured athlete.
4. All athletic coaches will have a current first aid card.

G. Calendar of Activities

The district will adhere to the OSAA and COWAPA Conference Schedule for beginning dates for practice, first competition and length of season.

H. Practices and Contests

1. The recommended duration of each practice session should normally not exceed two hours of practice exclusive of showering, dressing and meetings.
2. No practice will be held on Sunday, Thanksgiving, Christmas and New Year's Day.
 - a. A Sunday practice may be conducted **only** if the following criteria are met:
 - (1) A competition is scheduled on the Monday following the Sunday practice;
 - (2) Practices may not be conducted on a consecutive Saturday and Sunday;
 - (3) A student athlete's availability to practice on Sunday will be determined by the student athlete's parents. No penalty of any nature will be imposed for a student athlete's nonattendance at a Sunday practice;

(4) A pre-practice schedule meeting will be held with parents of participants to establish the Sunday practice schedule. A proposed nonschool day practice schedule will also be distributed and discussed. (A nonschool day is any day school is not in session - holidays, in-service days, vacation days, snow days, Saturdays, etc.)

3. When weather conditions pose a hazard to the health and safety of the participants, activity contests or practices may be postponed or cancelled by the principal or the athletic director. Once a scheduled event is under way, this decision will be made by the contest officials.

I. Admission

The principal and the athletic director and/or their designee are in charge of tickets and admission at all activity events. No tickets, either general or complimentary will be distributed except by the principal or athletic director.

J. Disciplinary Actions

Because the district has high expectations of those who represent the Banks School District in activities, all participants will be governed by the district's Extracurricular Activity Contract, which must be signed by both the student participant and his/her parent/guardian.

A second violation of school rules may result in suspension from the activity for the remainder of the season.

K. Awards for Competition

1. Athletic awards will be presented to students in sanctioned activities by the head coach/advisor in the following manner:
 - a. One letter will be awarded a participant during an entire career. The color shall be gold with blue trim. The letter will be awarded the first time the participant qualifies;
 - b. Participants will receive an appropriate emblem for each activity in which they letter.
2. A participant may be awarded a letter solely on the recommendation of the coach.
3. Other activities

In the areas of speech, drama, choir, band and FBLA, students will be recognized for their superior achievement with letters.

- a. One letter will be awarded a participant during his/her entire high school years.
- b. The letters will be awarded to students who have participated in a certain number of events (concerts, tournaments, plays) and have demonstrated superior skill, leadership and a positive attitude throughout the year.
- c. Participants will receive a certificate and appropriate emblem.

APPEAL PROCESS

Participant: _____ Supervisor: _____

Procedures:

1. Any ruling involving disciplinary action of a student involved in extra or cocurricular activities may be overturned by a majority vote of the appeals board. The main role of this board will be to consider the following:
 - a. Impartial treatment and consideration for all participants;
 - b. That the activities policies were enforced;
 - c. To act only upon the evidence presented.
2. The appeals board will consist of:
 - a. The principal;
 - b. The activity supervisor;
 - c. One teacher (agreed upon by administration and student);
 - d. Activities or athletic director; and
 - e. One Board member.
3. The activities or athletic director prepares an agenda for the hearing and sees that it is adhered to. He/She may also help to clarify the procedures being followed;
4. The activities or athletic director will prepare a written summary of the case within 10 days of the notice to appeal. The appellant will receive a written copy prior to the hearing. The appellant will be urged to prepare a written response to the charges and it must be done within 10 days of receiving the summary. A copy of the written statements will be given to members of the appeals board prior to the hearing. In the event that the activities or athletic director is involved in disciplinary action, the principal will replace the activities or athletic director;
5. After step four is complete, a hearing will be scheduled within 20 days of receiving a written response from the appellant. If the appellant does not prepare a written response, the athletic director must be informed of this in writing;
6. The role of this board is to consider an appeal of the disciplinary action. The decision is to be based on the evidence presented;
7. The appellant making the appeal will be given time at the beginning of the hearing to state his/her case and clarify his/her actions. After opening statement by the participant (or representative) members of the appeals board may ask questions;
8. If the appellant wishes, he/she may have someone speak for him/her, and he/she may bring three supporting witnesses;

9. Following open discussion (time when the appellant is before the appeals board) the appeals board members review the facts in the case and reach a final decision in private;
10. A final vote shall be by secret ballot with the activities or athletic director counting the ballots;
11. The decision of the appeals board will be relayed in writing to the appellant and his/her family by the activities or athletic director within 10 days of the hearing.